



2014 Cooking Contest Entry Form

Contest Guidelines

First Prize: Ipad Mini
Second Prize: Kitchen Aid Mixer
Third Prize: \$250 Williams-Sonoma gift card

Entry must be received by:
March 03, 2014 at 5 PM

Name: _____

Address: _____

City, State: _____

Zip: _____

Phone#: _____

Recipe Title: _____

Circle one: Adult 18+
 Student (6th -12th grade)
 Culinary Arts Student

If you are a student, or Culinary Arts student please fill out:

School _____

School Phone # _____

Year/Teacher _____

Mail to: "Incredibly Good Eggs" Cooking Contest

Iowa Egg Council

8515 Douglas Ave., Suite 9

Urbandale, IA 50322

Entrants:

1. Contest will be divided into three divisions: adults 18 and up, students grades 6-12, and Culinary Arts students enrolled in a formal culinary arts program.
2. Only one entry per person.
3. Entrant must be a resident of Iowa.
4. American Egg Board members, Iowa Egg Council officers, staff, and their immediate families are not eligible to participate.
5. Anyone who is involved in the preparation of food or the creation of recipes, for income, is not eligible to participate.

Recipes:

1. Recipes must be original and contain at least 4 eggs (in the form of whole eggs, yolks, or whites) and no more than a total of 12 ingredients (all eggs count as one ingredient). Recipes may include: party foods, breakfast entrees, main dishes, side dishes, snacks, desserts, or beverages.
2. All eligible recipes are judged on: taste, use of eggs, appearance/presentation and originality.
3. Recipes using raw egg will be disqualified

Contest:

1. All entries become the property of the Iowa Egg Council and will not be returned. Entry constitutes permission to edit, modify, adapt, publish, and otherwise use the recipe in any way without further compensation.
2. By entering the contest, entrant agrees to abide by the final decisions of the judges of the contest or the contest committee on any matter concerning the interpretation of the contest rules.
3. Taxes on prize money are the responsibility of the winners.
4. The top 5 finalists in each division will be posted on Facebook and the Iowa Egg Council website. The entry with the most "likes" will receive an additional prize.
5. All entries must be received by March 3, 2014 at 5 PM.
6. Winners will be notified by May 5, 2014

