



Iowa Egg Council

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For Immediate Release

An Easier and Faster Way to Hard-Boiled Eggs

New Easy-Peel Hard-Boiled Egg Technique Saves Time, Makes Peeling Easier

Urbandale, Iowa (March 17, 2016) – Difficulty peeling off the shells is the top barrier to making hard-boiled eggs more often, according a recent consumer survey.¹ Fortunately, just in time for Easter – the biggest hard-boiled holiday of all – the American Egg Board is introducing [a new method](#) to help make eggs not only easier to peel, but takes 30 percent less time.

1. **HEAT** ½- to 1-inch of water in a large saucepan to boiling over high heat. **Carefully place** steamer insert into pan over boiling water OR proceed to Step 2, if not using a steamer insert.
2. **Carefully ADD** eggs using a large spoon or tongs. **COVER** pan. Continue cooking 12 minutes for large eggs (13 minutes for extra large eggs).
3. **DRAIN** immediately and serve warm. **OR**, cool completely under cold running water or in bowl of ice water, then **REFRIGERATE**.

Instead of waiting for an entire pot filled with water and eggs to boil, this method relies on filling the pot with less water and adding eggs after it's brought to a boil. This cuts the [classic hard-boiling](#) cook time by nearly one-third. Making hard-boiled eggs fast and easy-to-peel is good news for the millions who

¹ Google Survey conducted online for the American Egg Board. Survey. Surveyed 1,500 general population respondents in February 2016. Overall sampling error is +/-3% at the 95% rate of confidence.

search for “boiled eggs,” one of the most popular search terms related to “eggs” in Google. “Hard-boiled eggs” is also the most popular recipe on IncredibleEgg.org.

Egceptionally Easy and Eye-Catching Easter Eggs

Once you’ve mastered the art of hard-boiling, it’s time to start decorating. Modern designs on jewel-toned and spring-colored hard-boiled eggs are easy to make, great for displaying and tasty to eat, making them a staple for Easter celebrations. Pick up an extra dozen eggs for [hard-boiling](#), find the right egg dye color combinations and then give these fun ideas a try:

- **[Stick To It](#)**: Take rolls of craft tape (Japanese Washi Tape) from your local craft store and start wrapping. Mix and match different colors and patterns of tape to give eggs a modern edge.
- **[Perfect Polka](#)**: Use the eraser end of a pencil to paint perfect polka dots on your egg. Just dip the eraser into acrylic craft paint and dab onto the egg. Make different patterns and use different colors to create your whimsical designs!
- **[Glitter Eggs](#)**: Add sparkle to your eggs by covering them in your favorite colored glitter. Brush craft glue over the egg until the entire surface is covered. Sprinkle a handful of glitter on paper plates and start rolling!

For more Easter tips, how to have a fun and safe [Easter egg hunt](#), and brunch recipes visit us at [Iowa Egg Council](#) and check us out on [Facebook Page](#), [Twitter](#) and [Pinterest](#).

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