

***Iowa Egg Council Announces the
“Incredibly Good Eggs” Recipe Contest***

URBANDALE, IOWA – The Iowa Egg Council is happy to announce the “Incredibly Good Eggs” Recipe Contest. The contest starts on January 11, 2016, and provides Iowa residents with the opportunity to showcase their culinary skills with the versatile egg! We are looking for recipes that rejuvenate traditional recipes and think about eggs in entirely new ways. From appetizer recipes to dessert recipes – we want them all!

There will be two divisions for participants: Adults 19 and up and students grades 6-12. The participants may enter only one recipe. Recipes can include, but not limited to, dips, spreads, drinks, breakfast foods, entrees, side dishes or desserts. All recipes must be originals and must contain at least four eggs. The recipe may include four whole eggs, yolks, or whites and there is no limit to the amount of ingredients in the recipe. Recipes will be judged on: use of eggs, taste, originality, and presentation.

Prizes will be awarded to the top 3 participants in each division. The first place winner will receive \$500, the second place winner will receive \$350 and the third place winner will receive \$200.

To enter the recipe contest, complete a downloadable entry form and a complete list of rules, or call 1-877-IOWAEGG for mailed contest information. All entries must be received by 5 PM, March 11, 2016. The winners will be announced in May – National Egg Month! Good luck!